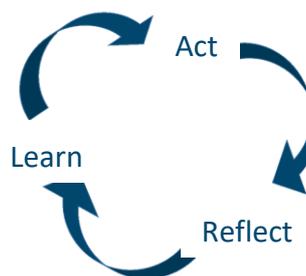


# SUCCESSFUL GROUP DEVELOPMENT

## Act To Perform makes it happen!

We work to simplify the trickier things in life. We believe that everyone has enough wisdom and knowledge to face challenges and rise to occasions. All that is needed is the courage to make a conscious decision to make it happen.



Development happens when we have the will to become aware of what we do well, and what we need to further develop. We believe that all people are able to improve themselves in both individual and group settings. Our development efforts are always based in science, where we first gain an understanding of the capabilities and resources of the individual or group.

## HOW?

### Inspiration

In lecture forms for smaller or larger groups. You set the limit! We will talk about motivation, working in constant change and how to use emotional intelligence to aid collaboration and communication.

### Workshop

We collaborate to meet new challenges, develop the team's working methods, adopt a new vision and strategy, increase productivity and efficiency together or as a new management team.

### Patterns of communication

We work to improve the group's communication patterns as well as how to best work in order to achieve the group's common goals.

### Value system = Core Value Words

We work to create a value model around core value words that focus of behavior. How do we incorporate our values in our lives and how does it make a difference?

## WHAT?

### Emotional intelligence – EQ

We know that successful groups are emotionally intelligent, which we measure using the EQ-i 2.0™. When doing so, we are able to map and measure the group's EQ and identify commonalities. International research shows that emotional intelligence is the key to achieving success in both the workplace and in private life.

### 360-analysis

Group feedback allows us to reinforce good behavior and gain an understanding of how others perceive us. We have access to several different 360 tools that can help individuals develop in a group.

### Diversity Icebreaker™

Diversity Icebreaker is a tool used for group development effort, allowing participants to reflect on differences in personalities, team roles and communication styles in order to be able to contribute to different parts of the decision-making process. It can be done in groups up to 100 people.

### Model of change

Our time is characterized by change in the workplace. The Four Rooms of Change™ is a tool and model that can be used by groups and organizations to understand and analyze change.

